

## **The New Retirementality**

“Planning Your Life and Living Your Dreams ....at Any Age You Want”

A book by Mitch Anthony

Mitch Anthony starts his first chapter with a subheading “The end of retirement, as we know it”. Indeed, the concept of working for forty years at the same employer, retiring at sixty with a guaranteed pension and spending your retirement doing all the things that you ever wanted to do until your health fades, is gone. Company loyalty is non-existent, your pension is your responsibility, people are living longer and looking for new challenges in “retirement” - and who wants to wait until they're sixty to start enjoying life?

This book is the most comprehensive title on the topic of work, money and retirement. Mitch Anthony covers work/life balance, finding purpose, successful ageing and retiring in great depth and substantiates his thoughts with in-depth research and stories. The book challenges readers to think about their financial planning and their lives holistically to create the life that they want. It reminds us that the new retirement environment will bring both challenges and opportunities. You may always have to work, but if you love what you do, you may never want to stop; it is a matter of finding the right balance.

This book is not only for those close to retirement. It is for anyone considering a career change or a lifestyle change. By introducing concepts such as “Return on Life”, the author gives very practical advice on evaluating your life and money.

Mitch Anthony is the founder and President of mitchanthony.com, whose companies include Advisor Insights Inc. and The Financial Life Planning Institute. He is a well-known speaker and trains financial planners all over the world to help their clients achieve “Return on life”. He spoke at the annual Financial Planning Institute Conference in South Africa this year.